



The Early Years Foundation Stage (EYFS) is a framework which supports your child's learning and development from birth to five years. The framework is based on four important principles.

The four themes of the EYFS underpin all the guidance.

The Curriculum

Four guiding principles should shape practice in early years settings. These are:

- A unique child,
- Positive relationships,
- Enabling environments,
- Learning and developing.

Play is vital for children. It is through play that young children learn, grow, gain confidence and have fun. The EYFS helps us to provide appropriate play experiences to enable children to develop in all areas. It enables us to recognise children's strengths and areas they may need more support to develop appropriate new skills.

The activities we provide for the children will prepare them to progress with confidence and underpin the skills they need to work towards the Early Learning Goals.



There are seven areas of learning and development that must shape educational programmes in early years settings. All areas of learning and development are important and inter-connected. Three areas are particularly crucial for igniting children's curiosity and enthusiasm for learning, and for building their capacity to learn, form relationships and thrive.

The prime areas are, communication and language, physical development, and personal, social and emotional development.

The specific areas are, literacy, mathematics, understanding the world; and expressive arts and design.

