

## **Football Club**

**Monday Y5 - 3.15pm - 4.15pm**

**Wednesday Y6 - 3.15pm - 4.15pm**

Football club after school every Monday and Wednesday from 3:15 pm - 4:15 pm with myself (Mr Tyson). The club is open to both boys and girls and not only pupils involved in the school teams but players of all abilities. The football club has been running now for the past four years and has always been a very popular after school club with both boys and girls at our school.

The club is not simply about having a game of football. The sessions are structured in order for those attending to improve their skills and level of ability. They consist of a warm up followed by skills/drills practice focusing on many aspects of the game. These include passing, dribbling, shooting, heading, control, attacking, defending, beating an opponent and maintaining possession just to name a few. The sessions always finish with a period of game time in order to put into practice the skills learnt during the session.

The year the school achieved its greatest football success winning the league and cup double was a year when every boy involved within the football team attended the football club every single week. Having all of the boys at training every week was a key factor in helping them on the pitch and something which I encourage every week. Having as many of the team as possible at training on a regular basis will not only improve the pupils as individuals but also as a team.